



## Canapés & Savouries

### Beyond the Border Platter(3)

Authentic and homemade selection of Indian savouries (to include Samosas, Katchoori, Pakora & Bhajis) Mini Poppadoms with a Mango Chutney & Mint Yoghurt Dip. *Suitable for vegetarians*

**Price per head = £ 2.85**

### Smoked Salmon Blinis(2)

Delicious Mini Buckwheat pancakes topped with Smoked Salmon, Crème Fraîche and Fresh Dill

**Price per head = £ 1.70**

### Classic Canapé Selection(2)

Individual crostine canapés Brussels paté & cranberry, prawn & avocado and pepper salsa & goats cheese

**Price per head = £ 1.30**

### Malted Bread Canapés(3)

A selection of canapés on malted bread - Red Salmon & Cucumber, egg mayonnaise & chive, tuna and cucumber, Coronation chicken, smoked ham and emmental

**Price per head = £ 1.50**

### Classic Savoury Selection(4)

A traditional platter of mini Cornish pasties, cocktail sausage rolls, mini savoury eggs and baby quichel

**Price per head = £ 1.60**

### Luxury Sushi Platter(4)

A healthy platter of tuna & Cucumber mini maki, sushi handrolls (temaziki-zushi) and inside out rolls (ura-maki-zushi) served with soy sauce and wassabi. Uses fresh tuna & salmon.

**Price per head = £ 3.50**

### Smoked Salmon & Lime Lettuce boats

Diced Salmon tossed with spring onions parsley, capers, black pepper in a lettuce leaf. Served with lime wedges.

**Price per head = £ 1.90**

### Leek & Bacon Feuillettes(2)

Puff pastry mini bites made with white wine and double cream.

**Price per head = £ 1.40**

### Red Pepper Pesto Tartlets(2)

Bite size tartlets decorated with basil leaves and black olives. *Suitable for vegetarians*

**Price per head = £ 1.40**

### Vietnamese Crab Rolls(2)

Crab, coriander, mint, cucumber and alfalfa wraps.

**Price per head = £ 2.00**

### Rare roast beef & wasabi crostinis(2)

Thinly sliced beef with a dash of wasabi on crunchy crostini.

**Price per head = £ 1.90**

### Cheese & thyme pastry sticks(2)

Mature cheddar, thyme & dijon mustard appetisers.

*Suitable for vegetarians*

**Price per head = £ 0.85**

### Feta & fresh fruit skewers(2)

Watermelon, orange, feta cheese, fresh mint and lime juice.

*Suitable for vegetarians*

**Price per head = £ 1.90**

### Chicken Satay(2)

Chicken skewers with a spicy peanut dip.

**Price per head = £ 1.35**

### Ready Salted Crisp

Ready Salted Crisp Basket

**Price per head = £ 0.50**

### Mixed Fruit & Nuts

Mixed Fruit & Nuts Basket

**Price per head = £ 0.80**

## Cakes & Desserts

### Finger Desserts

#### Mini Patisserie selection(3)

To include chocolate eclairs, coffee eclairs, apricot & raspberry tartlettes, morello cherry tartlettes and hazelnut choux.

**Price per head = £ 1.85**

#### Classic Cake Selection(2)

Welsh cakes, Double Chocolate muffins and Iced Cupcakes.

**Price per head = £ 1.00**

#### Welsh Cake Medley(2)

Buttered Barabirith, Very Chocolatey brownies, Carrot cake, Tan y Castell welsh cakes. All made in Wales

**Price per head = £ 2.00**

#### Mini Italian Chocolate cups(2)

Limoncello & Amaretti, Tiramisu and raspberry pannacotta.

**Price per head = £ 1.50**

### Luxury Welsh Muffin selection(1)

Sticky Almond, Lemon drizzle, Belgian chocolate, Banana, Ginger & Pumpkin seed.

**Price per head = £ 1.20**

### Mini Strawberry & Cream scones(2)

Individual scones topped with strawberry jam, dairy cream and a slice of strawberry.

**Price per head = £ 1.50**

### Continental Fruit Tarts(1)

Sweet pastry filled with patisserie cream and topped with blackcurrants, mandarin & cherry, mixed fruits and fruits of the forest.

**Price per head = £ 1.85**

### Fork Desserts

#### Lemon & Mascarpone Parfait

Layers of lemon soaked sponge and lemon liqueur flavoured mascarpone cream.

**Price per head = £ 2.00**

#### New York Style Cheesecake

Rich & creamy vanilla cheesecake with a digestive biscuit base.

**Price per head = £ 2.25**

#### Tarte au Chocolat

Delicious Viennese pastry filled with rich baked chocolate.

**Price per head = £ 2.00**

#### Coffee & Walnut Cake

A moist coffee flavoured walnut sponge sandwiched and decorated with coffee frosting and walnut pieces.

**Price per head = £ 1.30**

#### Fresh Fruit Salad

Watermelon, Galia Melon, Strawberries & Grapes. Available May - Sept

**Price per head = £ 1.75**

## Drinks & Extras

### Disposable Plates / Cups / Serviettes

**Price per item = £ 0.35**

### Tropicana Tropical Fruit (1 Litre)

**Price per item = £ 2.40**

### Tropicana Orange and Mango (1 Litre)

**Price per item = £ 2.40**

### Tropicana Pomegranate Grape & Apple (1 Ltr)

**Price per item = £ 2.50**

### Tropicana Orange Juice (1 Litre)

**Price per item = £ 2.10**

### Apple Juice (1 Litre)

**Price per item = £ 1.20**

### Orange Juice (1 Litre)

**Price per item = £ 1.20**

### Innocent Smoothies

**Price per item = £ 1.85**

### Cans of Soft Drink

(Coke / Fanta / Ginger Beer / Lilt)

**Price per item = £ 1.20**

### Small Mineral Water (Still & Sparkling)

**Price per item = £ 0.60**

### Large Mineral Water (Still & Sparkling - 1.5 Litres)

**Price per item = £ 1.50**

## Childrens Menu

### Choose any 5 of the following

**Sandwich Platter (included)**

**Pizza Fingers**

**Cocktail Sausages**

**Mini Scotch Eggs**

**Carrot Sticks with Dip**

**Sliced Apple & Grape Snack Bag**

**Cheesy Puffs / Chipsticks / Monster Munch**

**Marshmallow Cakes**

**Chocolate Fingers**

**Lemon & Chocolate Iced Cup Cakes**

**Sausage Rolls**

**Price per head = £ 3.50**



## Fork & Salad

### Fork

#### Assorted Meat Platter

A mixed platter of cooked sliced meats to include: rare Roast Beef, Carmarthenshire Ham, Peppercorn Pastrami & Turkey Breast garnished and ready to go

**Price per head = £ 3.50**

#### Continental Meat Platter

A mixed platter of Continental sliced meats to include Parma Ham, Milano Salami, Chorizo Sausage and Peppercorn Pastrami garnished and ready to go

**Price per head = £ 4.25**

#### Turkey & Cranberry Pie

Pieces of Turkey layered in a shortcrust pastry case topped with whole Cranberries

**Price per head = £ 1.70**

#### Cherry Tomato Ploughmans Pie

Chunks of Red Leicester and Pickle layered between Pork and topped with Cherry Tomatoes and Spring Onion

**Price per head = £ 1.70**

#### Paté & French Bread Basket

Choose From Chicken Liver & Wild Mushroom, Ardennes or Pork Apple & Calvados. Served with a basket of freshly baked french bread and Free range Butter Portions.

**Price per head = £ 1.85**

#### Traditional Ploughmans Lunch

Farmhouse cheddar & Stilton served with mini Melton Mowbray Pork pies, Caramelised Onion chutney, Free range butter portions and a basket of freshly baked bread.

**Price per head = £ 3.25**

### Salad

#### Waldorf (serves 10-15)

Crunchy Apple, White Cabbage, Celery and Walnuts in a creamy Mayonnaise dressing. *Suitable for vegetarians*

**Price per bowl = £ 12.00**

#### Greek Salad (serves 10-15)

Cucumber, Cherry Tomatoes, Red Onions, Green Peppers, Feta, Black Olives and Oregano in a Mint dressing. *Suitable for vegetarians*

**Price per bowl = £ 15.00**

#### Potato Salad (serves 10-15)

New Potatoes, Spring Onions and chives in a rich Mayonnaise dressing. *Suitable for vegetarians*

**Price per bowl = £ 8.00**

#### Mozzarella Sun Dried Tomato Salad

(Serves 10-15)

Mozzarella Cheese Balls, Whole Cherry Tomatoes, Sundried Tomatoes and fresh Spinach in a basil pesto dressing.

*Suitable for vegetarians*

**Price per bowl = £ 19.00**

#### Caesar Salad (serves 10-15)

Crisp Romaine Lettuce Leaves with a Caesar Dressing, Sea Salt and Crunchy Croutons, and shaving of Parmesan.

*Suitable for vegetarians*

**Price per bowl = £ 13.00**

#### Richly Dressed Coleslaw (serves 10-15)

Shredded White Cabbage & Carrots in a creamy Mayonnaise dressing with chives. *Suitable for vegetarians*

**Price per bowl = £ 8.00**

## Sandwich Platters

We're always happy to oblige when special requests come in

### Classic

Free Range Egg Mayo, Chicken Lettuce Mayo, Tuna & Cucumber, Ham & Cheddar, Two Cheese Spring Onion & Mayo.

**Price per head = £ 1.95**

### Premium

Prawn Mayonnaise, Brie & Ham, Smoked Cheese Ham Tomato Coleslaw, Rare Roast Beef & Horseradish, Sweet Chilli Chicken

**Price per head = £ 2.50**

### Vegetarian

Houmous Avocado & Olives, Light Philadelphia & Celery, Brie & Grapes, Smoked Cheddar Apple & Walnuts

**Price per head = £ 2.20**

#### Combo (Sandwiches, Flatbreads & Baguettes)

Chicken Tikka, Tuna & Sweetcorn, Smoked Ham & Mustard Mayo, Cheddar & Coleslaw

**Price per head = £ 2.50**

#### Vegetarian Combo (Wraps, Open Ciabatta, Mini Focaccia)

Mexican Three Bean, Mozzarella Tomato & Rocket, Brie & Cranberry, Falafel & Tzatziki, Cheese & Salsa

**Price per head = £ 2.50**

#### Wrap Platter

Caesar Chicken, Smoked Ham & Egg, Onion Bhaji & Raita, Hoi Sin Duck

**Price per head = £ 2.50**

### Assorted Rolls

Cheddar & Onion Chutney, Tuna & Swiss Cheese, Gammon Ham Salad, Coronation Chicken

**Price per head = £ 2.30**

### Welsh Sandwich Platter

Welsh Free Range Egg Mayo, Welsh Farmhouse Cheddar & Chutney, Carmarthenshire Ham Salad, Welsh Beef & Horseradish

**Price per head = £ 2.65**

## Vegetarian Options

#### 'Veggie' Sandwich Platter

Houmous Avocado & Olives, Light Philadelphia & Celery, Free Range Egg Salad, Onion Bhaji, Houmous & Raita, Brie & Grape

**Price per head = £ 2.50**

#### 'Veggie' Combo Platter

Mexican Three Bean, Mozzarella Tomato & Rocket, Brie & Cranberry, Falafel & Tzatziki, Cheese & Salsa

**Price per head = £ 2.75**

#### Beyond the Border Platter(3)

Authentic and homemade selection of Indian savouries (to include Samosas, Katchoori, Pakora & Bhajis) Mini Poppadoms with a Mango Chutney & Mint Yoghurt Dip

**Price per head = £ 2.85**

#### Easy Eat Fruit Platter

Our ever popular fruit platters may include Watermelon, Galia Melon, Mango, Banana, Apple, Strawberries & Pineapple (Contents will vary depending on season)

**Price per head = £ 1.50**

#### 'Dipping' Heaven Platter

Crudité selection (Sliced Carrot, Celery, Peppers), with Houmous, Yoghurt & Mint & Tomato & Coriander Salsa with a basket of Tortilla Chips & Flatbread Fingers for dipping.

**Price per head = £ 1.95**

#### 'Dipping' Bread Selection

A platter of fresh baked focaccia & Ciabatta Breads with a bowl of Balsamic Vinegar & Olive Oil for Dipping. With a side portion of marinated olives

**Price per head = £ 2.00**

#### Vegetable Satay with a Peanut Dip

Vegetable Satay with a Peanut Dip

**Price per head = £ 1.35**

### Nuts 'N Nibbles Platter

Pringles, Cheese Straws, Mixed Fruit and Nuts, Marinated Olives

**Price per head = £ 1.95**

### Homemade Parmesan & Cheddar Puff Pastry Quiches

Homemade Parmesan & Cheddar Puff Pastry Quiches

**Price per head = £ 0.90**

### Cheese & Thyme Pastry sticks(2)

Mature cheddar, thyme & dijon mustard appetisers.

**Price per head = £ 0.85**

### Feta & Fresh Fruit Skewers(2)

Watermelon, orange, feta cheese, fresh mint and lime juice.

**Price per head = £ 1.90**

## Welsh Options

### Selection of Welsh Sandwiches

Free Range Egg Mayonnaise; Welsh Farmhouse Cheddar; Carmarthen ham Salad; Welsh Beef & Horseradish

Sources: Eggs (Vale of Glamorgan), Bread (Maesteg), Cheese (Carmarthenshire), Ham (Carmarthenshire), Mayonnaise (Pontyberem)

**Price per head = £ 2.60**

### Welsh Cake Medley

Buttered Barabith; Tan-y-Bastell Welsh Cakes; Carrot Cake & Very Chocolatey Brownies

Sources: Welsh Cakes (Narbeth), Barabith/Carrot Cake/Brownies (Crickhowell)

**Price per head = £ 2.00**

### Luxury Welsh Cheeseboard

Caws Cenarth Organic Caerphilly; Pont Gar Brie; Pantmawr Smoked Cerwyn Cheese; Snowdonia Extra Mature Cheddar (Served with Caerphilly Oatcakes & Welsh Apple & Plum Chutney)

Sources: Cheese (Cenarth, Llanllwch, Rosebush, Trem-y-dyffryn), Oatcakes (Hirwaun), Chutney (Prestatyn)

**Price per head = £ 2.65**

### Welsh Crisp Basket

A basket of Handcut Sea Salt & Crushed Black pepper Crisps

Source: Real Crisp Company (Newport)

**Price per head = £ 0.55**



## Welsh Options Continued

### Welsh Bacon Baguette

A hot baguette filled with Best in Wales 2006 Dry Cured bacon.

**Price per head = £ 2.85**

### Ty Nant Welsh Mineral Water

Still (750 ml)

**Price per head = £ 1.85**

### Ty Nant Welsh Mineral Water

Sparkling (750 ml)

**Price per head = £ 1.85**

### Welsh Luxury Muffin Selection

Sticky Almond, Lemon Drizzle, Double Chocolate, Banana & Ginger with Pumpkin Seed

**Price per head = £ 1.20**

### Welsh Savoury Selection

Crumbly Caerphilly & Pineapple Sticks, Welsh Mature Cheddar Puff Pastry baby Quiche, Welsh Pork & Apple Sausage Sticks

**Price per head = £ 1.75**

## Set Menus

**Gluten Free & Vegetarian Options available on all menus. All sandwiches on white, wholemeal & granary bread.**

### Winter Warmer

Flasks of hot homemade soup, a basket of freshly baked bread and lashings of Welsh butter (comes with cups & spoons of course!)

**Price per head = £ 2.75**

### Continental Breakfast

Rich 100% All Butter Croissant & Pain au Chocolat with Welsh Butter & Jams

Seasonal Fruit Platter

Selection of Freshly Baked Danish Pastries!

**Price per head = £ 4.35**

### Breakfast 1

Hot Bacon or Sausage baguettes (with Ketchup sachet)

**Price per head = £ 2.40**

### Breakfast 2

Award winning Welsh Bacon Baguette (Made with Best in Wales 2006 Dry Cured bacon)

**Price per head = £ 2.95**

### Italian

Ciabatta Open Sandwiches

Melon Wrapped in Parma Ham

Individual Italian Pasta Salad Portions (with fork)

Chilled Easy Eat Sliced Fruit Platter

Continental Fruit Tarts

**Price per head = £ 8.75**

### Healthy Option

Basket of Crispbreads / Rice cakes with side portions of low fat cottage cheese, Philadelphia Light, Low fat houmous, sliced carrot and olives

Chilled Sliced fruit platter

Individual Italian Pasta pots

Low fat yoghurt

**Price per head = £ 6.00**

### Afternoon Tea

Smoked Salmon sandwiches (some with watercress / some with cream cheese)

Homemade scones with Welsh butter, Strawberry jam & Clotted cream

**Price per head = £ 5.85**

### Executive

Premium Filled Mini Sub & Deli Rolls

Scottish Smoked Salmon & Cream Cheese Blinis

Classic Canapé Selection

Welsh Cheeseboard, Biscuits & Chutney

Chilled Easy Eat Sliced Fruit Platter

Mini Italian Chocolate Cups & Mini Patisserie Selection

**Price per head = £ 11.35**

### Menu 1

Selection of Assorted Sandwiches

Seasonal Fruit Basket

Ready Salted Crisp Basket

Lemon Cupcakes & Chocolate muffins

**Price per head = £ 3.65**

### Menu 2

Selection of Assorted Sandwiches

Classic Savoury Platter (Cocktail Pasties, Buffet Savoury Eggs, Sausage Rolls, & Baby Quiche)

Seasonal Fruit Basket

Ready Salted Crisp Basket

Classic Cake Selection (Welsh Cakes, Double chocolate muffins & Iced cupcakes)

**Price per head = £ 5.10**

### Menu 3

Selection of Assorted Sandwiches

Seasonal fruit basket

'Dipping Heaven' Platter (Sliced Vegetables with Houmous, Tzatziki, Salsa & Guacomole Dips & Tortilla Chips)

Chicken or Vegetable Satay with Peanut Dip

Mini Patisserie Selection (Chocolate Eclairs, Coffee Eclairs, Peach & Raspberry Tartlettes, Vanilla & Hazelnut Choux)

**Price per head = £ 6.30**

### Menu 4

Selection of Filled Malted & White Seeded Deli Rolls

Handcooked Crisp Basket

Sweet Chilli Chicken Mini Kebabs

Continental Cheeseboard, Biscuits & Chutney

Chilled Easy Eat Sliced Fruit Platter

Mini Strawberry & Cream Scones

**Price per head = £ 7.35**

### Menu 5

Selection of Premium Filled Sandwiches

Mixed Fruit & Nut Basket

Chicken Drumsticks with a BBQ Dip

Chilled Easy Eat Sliced Fruit Platter with Greek Yoghurt

Crisp Salmon Brochettes with Lemon Mayonnaise

Slices of Carrot Cake

**Price per head = £ 7.75**

**We cater for a diverse and discriminating clientele including Corporate organisations both large and small, charities, Town and City Councils as well as many individuals looking to organise a private celebration...**

**Recent events have included a summer garden party for 40, a local wedding for 110 and an evening dinner party for 10 as well as company training days and executive meetings.**

**So whether you require catering at the office or at home, you can be sure that everything will be freshly prepared and delivered promptly in our temperature controlled vehicles to your door.**

**All prices exclude V.A.T. at 20%**



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